calico chili cheese dog





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portion size: 1 hot dog with bun

Ingredients	50 Servings		100 Servings		
	Measure	Weight	Measure	Weight	
Reduced Sodium Uncured Turkey Frank 2.0 oz., #6126-20, thawed	50 ea.		100 ea.		1. Steam, grill,
Hot dog buns, whole wheat, 6"	50 ea.	6 lbs.	100 ea.	12 lbs. 8 oz.	2. Place hot tur
Vegetable oil	1⁄4 C.		1⁄2 C.		 Heat oil. Add until soft.
Onions, diced	1 c. 2 oz.		2 c. 4 oz.		4. Stir in chili p
Green peppers, diced	1 c. 2 oz.		2 c. 4 oz.		water, beans
Chili powder	3 oz.		6 oz.		5. Bring to boil
Cumin, ground	3 tbsp.		1⁄4 c. 2 tbsp.		6. Portion ¼ cu
Garlic, granulated	2 tbsp.		1⁄4 C.		7. Sprinkle 1 tb
Crushed red chili flakes	1 tsp.		2 tsp.		
Tomatoes, crushed, canned	1 qt. 1 c.		2 qt. 2 c.		
Water	2 c.		1 qt.		
Black beans or kidney beans, canned, drained	2 qt. 2 c.		1 gal. 3 c.		
Corn, frozen or canned, drained	3 c. 4 oz.		1 qt. 3 c.		
Sugar, brown	1⁄4 C.		1⁄2 C.		
Cheese, cheddar, shredded	10 oz.		1 lb. 4 oz.		

Directions
 Steam, grill, or bake turkey franks. Hold at 140°F. until service. Place hot turkey frank in warm bun. Top with following recipe. Heat oil. Add onions and peppers and cook for about 10 minutes until soft.
 Stir in chili powder, cumin, garlic, and chili flakes. Add tomatoes, water, beans, corn, and sugar.
5. Bring to boil and reduce heat and simmer for 30 minutes.
6. Portion 1/4 cup (# 16 scoop) hot chili on top of each frank
7. Sprinkle 1 tbsp. shredded cheese over chili.

1 serving provides 2 oz. meat/meat alternate,
 2 servings bread grain and ¼ cup of vegetables.

For preparation by a food preparation establishment only, according to the food code or equivalent.

Nutrients Per Serving								
Calories	373 cal	Trans Fat	0 g	Carbohydrates	45 g			
Fat	14 g	Cholesterol	66 mg	Dietary Fiber	6 g			
Saturated Fat	4 g	Sodium	651 mg	Protein	16 g			