## calico chili cheese dog





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## portion size: 1 hot dog with bun

Ingredients	50 Servings		100 Servings		
	Measure	Weight	Measure	Weight	
Reduced Sodium Uncured Turkey Frank 2.0 oz., #6126-20, thawed	50 ea.		100 ea.		1. Steam, grill,
Hot dog buns, whole wheat, 6"	50 ea.	6 lbs.	100 ea.	12 lbs. 8 oz.	2. Place hot tur
Vegetable oil	1⁄4 C.		1⁄2 C.		<ol> <li>Heat oil. Add until soft.</li> </ol>
Onions, diced	1 c. 2 oz.		2 c. 4 oz.		4. Stir in chili p
Green peppers, diced	1 c. 2 oz.		2 c. 4 oz.		water, beans
Chili powder	3 oz.		6 oz.		5. Bring to boil
Cumin, ground	3 tbsp.		1⁄4 c. 2 tbsp.		6. Portion ¼ cu
Garlic, granulated	2 tbsp.		1⁄4 C.		7. Sprinkle 1 tb
Crushed red chili flakes	1 tsp.		2 tsp.		
Tomatoes, crushed, canned	1 qt. 1 c.		2 qt. 2 c.		
Water	2 c.		1 qt.		
Black beans or kidney beans, canned, drained	2 qt. 2 c.		1 gal. 3 c.		
Corn, frozen or canned, drained	3 c. 4 oz.		1 qt. 3 c.		
Sugar, brown	1⁄4 C.		1⁄2 C.		
Cheese, cheddar, shredded	10 oz.		1 lb. 4 oz.		

Directions
<ol> <li>Steam, grill, or bake turkey franks. Hold at 140°F. until service.</li> <li>Place hot turkey frank in warm bun. Top with following recipe.</li> <li>Heat oil. Add onions and peppers and cook for about 10 minutes until soft.</li> </ol>
<ol> <li>Stir in chili powder, cumin, garlic, and chili flakes. Add tomatoes, water, beans, corn, and sugar.</li> </ol>
5. Bring to boil and reduce heat and simmer for 30 minutes.
6. Portion 1/4 cup (# 16 scoop) hot chili on top of each frank
7. Sprinkle 1 tbsp. shredded cheese over chili.

1 serving provides 2 oz. meat/meat alternate,
 2 servings bread grain and ¼ cup of vegetables.

For preparation by a food preparation establishment only, according to the food code or equivalent.

Nutrients Per Serving								
Calories	373 cal	Trans Fat	0 g	Carbohydrates	45 g			
Fat	14 g	Cholesterol	66 mg	Dietary Fiber	6 g			
Saturated Fat	4 g	Sodium	651 mg	Protein	16 g			